

JOB DESCRIPTION

Band 6 (or above) Physiotherapist required to deliver Aquatic Therapy

Hours:	Tuesday & Thursday after 4pm on a sessional basis.
Rate:	£30 per hour (self-employed or through a limited company)
Location:	Wendover, Buckinghamshire
Reports to:	Healthcare Services Manager & Head of Clinical Services

Background

Oakwood Wellbeing is the trading company of the independent Charity, the Chilterns MS Centre. All the profit goes back into the charity for the support of people with MS. Oakwood Wellbeing delivers chargeable Health, Fitness and Wellbeing services out of the Charity's exceptional facilities in Wendover.

The Centre comprises of individual and group treatment areas, exercise and meeting areas along with a Hydrotherapy Pool. Oakwood Services include evening Physiotherapy, Aquatic therapy, Exercise Referral Scheme and Group Exercise. All services are delivered on a private basis.

Role Outline

The Oakwood Physiotherapy Team delivers services to adults with muscular skeletal and/or neurological conditions.

Clients are either referred to us by a Clinician, Case Manager or can self-refer. Before immersion a dry land assessment is completed, and a treatment plan is agreed. For case management clients' reports will need to be written for the tracking of the client's progress.

To ensure an exceptionally high level of customer service all clinicians must communicate effectively with each other, the Administration team and Healthcare Services Manager to manage their case load, and bookings diary.

Duties and responsibilities

Physiotherapy Clinical Role

- To autonomously manage a clinical caseload of patients requiring aquatic therapy for the management of MSK or neurological conditions
- Delivery of group exercise session in water.

Specific Duties and Responsibilities

- To develop and maintain skills required to work at a clinical specialist level within physiotherapy as acknowledged by the CSP.
- To be professionally and legally accountable for all aspects of clinical work.
- To actively contribute to monitoring and maintaining a high standard of clinical practise in the Oakwood Physiotherapy Clinics.
- To formulate goals and clinical objectives jointly with patients, carers, relatives and other health professionals and continually reassess patients to evaluate progress, reassess and alter treatment programmes if required.
- As required provide comprehensive progress reports to colleagues and referring GP and other patient services.
- To assess patients understand of treatment proposals, gain valid informed consent and have the capacity to work within a legal framework.
- To manage clinical risk within own patient caseload at all times.
- To be responsible for maintenance of accurate written records, in line with CSP standards.
- To work with the CSP and HPC clinical guidelines where appropriate, and to maintain knowledge of national and local standards and monitor own and colleagues' safe and competent practise.

Physical Resources

- To ensure the safe and competent use of all equipment used, including but not limited to patient appliances and patient lifting/hoisting equipment.
- To ensure that all known equipment defects are reported quickly to the appropriate Departments.

Human Resources

- To participate in staff appraisal scheme, being appraised by the Healthcare Services Manager or Head of Clinical Services.
- Be responsible for own personal development plan and meeting competencies.

Organisational

- Working with Head of Clinical Services, Healthcare Services Manager and Administration team to flexibly plan and organise own patient caseload, administrative duties and meetings.

Communication

- To use communication tools to gain informed consent with patients where there will often be barriers to effective communication.
- To be able to motivate negotiate, persuade and use a suitable explanation to encourage patients and carers to maximise rehabilitation potential and to ensure understanding of their condition.

- To be able to communicate often highly complex and highly sensitive information to patients, carers and other staff, where there may be barriers to communication and / or resistance to change.
- To be able to manage potentially stressful, upsetting or emotional situations in an empathetic manner.
- Working with Head of Clinical Services and Healthcare Services Manager to make every effort to resolve verbal complaints in the Clinic in an effort to avoid or pre-empt formal written complaints.

Education

- Develop and maintain personal and clinical through a personal development plan agreed with the Head of Clinical Services and Healthcare Services Manager.
- Be responsible for and actively recording own professional development and maintain a continual professional development portfolio.
- Continuously strive develop current knowledge of evidence-based practise.
- To be actively involved in professional clinical groups such as CSP clinical interest groups in order to keep abreast of new developments applicable to physiotherapy assessment and treatment.

Research and Development

- To participate in appropriate work-related research/evaluation projects, including evaluation of own work and current practises through the use of projects, audit or outcome measures either individually or with Business Management or Clinical Governance.

General

- As with any small organisation, there may be a need to undertake a wide range of activities to meet the organisation's needs.
- All staff and volunteers agree to adhere to the charity and its trading arms Code of Conduct.
- The post holder is required to be aware of and maintain a strict code of confidentiality.
- This post will be offered subject to the receipt of satisfactory references and a standard Disclosure and Barring Service (DBS) check.

Person Specification

Qualifications and Training	
Diploma/Degree/Higher Degree in Physiotherapy	E
Member of the Chartered Society of Physiotherapy	E
Registration with the Health Professions Council (UK)	E
Evidence of CPD, maintained in a portfolio showing CPD events / activity relevant to Aquatic Therapy	E
Recognised Aquatic Therapy qualification	E
Membership of Clinical Interest Groups (CIG's)	D



Experience	
Career pathway to demonstrate knowledge, skills and experience in a broad range of specialities and healthcare settings prior to specialisation	E
Minimum 3-5 years clinical experience	E
Working knowledge of a broad range of conditions	E
Experience of working as part of a multi-professional clinical therapists team	E
Hydrotherapy experience	E
Experience of working with patients with complexed neurological conditions.	D
Service delivery, growth and development in the private sector	D

Skills and Knowledge	
Able to work as an autonomous practitioner	E
Exceptional customer service and interpersonal skills, with a demonstrable ability to empathise with people dealing with difficult situations	E
Proven clinical skills in relevant specialist areas	E
Ability to undertake assessment of patients using investigative and analytical skills and to make a clinical diagnosis based on presenting signs and symptoms.	E
Ability to carry out management/treatment programmes using clinical reasoning, problem solving, sound judgement and wide knowledge of treatment options	E
Ability to complete clear, accurate, comprehensive and up-to-date clinical records in line with legal/departmental requirements.	E
Awareness of current professional practise and new research	E
Competent IT skills (Word, Excel, Email and Appointment/Clinical Databases)	E
Understand the legal responsibilities of the profession	E
Knowledge of professional standards	E
Understanding of clinical governance and implications for services, including experience of quality issues and audit	E
Understand of the CSP and NHS organisation and agenda	E
Ability to comprehend and work within policies of data protection, equal opportunities and health, safety and welfare, meeting the differing needs to patients.	E
Excellent command of English Language	E
Ability to demonstrate good written, verbal and non-verbal communication	E
Understanding of neurological conditions and their complex nature	D

Personal Qualities	
Ability to work as team member	E
Approachable and a good listener	E
Excellent organisational skills	E
Passionate about Health, Fitness and Helping People	E
Empathetic	E
Reliable	E

Driven	E
Flexible	E
Ability to deal with challenging behaviour	E
Awareness of self – strengths and weaknesses	E
Ability to motivate self and others	E
Good attendance record	E
Good sense of humour	E

Other	
Occupational Health Clearance and Full DBS Check (self funded)	E
Able to carry out moderate physical effort when at work and carry out concurrent activities	E
Flexible/adaptable to changing working patterns (work will include evenings and potentially weekend work)	D